

2008 GIRLS RETURNING STATE COMPETITORS

The following is a list of girls who competed in the state meet last year. The grade preceding their name is their grade this year. After their name, in parenthesis, is their place and mark in that event in the state meet last year. Those people who are underlined are athletes from Region VI.

SPRINTS

100 Meter Dash

- (12) Adrienne Thomas - Park River/Fordville-Lankin/Adams-Edmore (1st - 13.17)
- (12) Cheri Boyer - Milnor/Wyndmere/Lidgerwood (3rd - 13.48)
- (12) Kristen Killoran - Maple Valley/Enderlin
- (12) Amy Havelange - Northern Cass
- (12) Kristyn Nelson - Rolette/Wolford
- (12) Courtney Thingstad - Velva/Drake (6th - 13.65)
- (12) Alicia Rogers - Lewis & Clark
- (11) Mallorie Pierce - Scranton
- (10) Anne Duletski - Bowman County (2nd - 13.28)
- (10) Shelby Krueger - Finley-Sharon
- (10) Sharisa Yri - Benson County (8th - 13.78)
- (10) Beth Jochim - Griggs County Central
- (10) Samantha Risan - Parshall
- (9) Rikki Schmidt - Napoleon
- (8) Mckenzie Hart - Langdon/Munich

200 Meter Dash

- (12) Adrienne Thomas - Park River/Fordville-Lankin/Adams-Edmore (1st - 26.86)
- (12) Cheri Boyer - Milnor/Wyndmere/Lidgerwood (2nd - 27.09)
- (12) Kristen Killoran - Maple Valley/Enderlin (3rd - 27.39)
- (12) Kristyn Nelson - Rolette/Wolford
- (12) Kelsey Bryantt - Des Lacs-Burlington
- (12) Amy Havelange - Northern Cass
- (11) Ashley Berg - Lisbon
- (11) Jenna Olson - Bowman County
- (11) Bobbi Grann - Benson County
- (11) Kara Johnsrud - Watford City
- (10) Anne Duletski - Bowman County (5th - 27.79)
- (10) Sharisa Yri - Benson County (6th - 27.83)
- (10) Shelby Krueger - Finley-Sharon
- (10) Beth Jochim - Griggs County Central
- (9) Rikki Schmidt - Napoleon (8th - 28.16)
- (9) Emily Paul - Rugby
- (9) Samantha Schell - Washburn/Wilton
- (8) Shaunessy Dauwalder - Stanley/Powers Lake

400 Meter Dash

- (12) Adrienne Thomas - Park River/Fordville-Lankin/Adams-Edmore (1st - 59.53)
- (12) Katie Zent - Richardton-Taylor (4th - 1:00.85)
- (12) Kirsten Welk - Rugby (7th - 1:01.46)
- (12) Cheri Boyer - Milnor/Wyndmere/Lidgerwood (5th - 1:01.36)
- (12) Abby Nasset - Bowman County (8th - 1:01.64)
- (12) Kiley Coles - Hillsboro/Central Valley (6th - 1:01.44)
- (12) Dakota Anderson - Velva/Drake
- (12) Kristen Killoran - Maple Valley/Enderlin
- (12) Brandi Lorz - North Border
- (11) Bobbi Grann - Benson County (3rd - 1:00.78)
- (11) Jordyn Bender - Dickinson Trinity
- (11) Maddi Lamb - Nelson County
- (11) Kara Johnsrud - Watford City
- (10) July Erfle - Wells County
- (10) Sibeek Jokela - Watford City
- (9) Rikki Schmidt - Napoleon
- (8) Shaunessy Dauwalder - Stanley/Powers Lake

MIDDLE DISTANCE - DISTANCE

800 Meter Run

- (12) Lindsay Anderson - Benson County (1st - 2:18.08)
- (12) Kiley Coles - Hillsboro/Central Valley (3rd - 2:21.07)
- (12) Jessica Schanilec - Minto/Midway (5th - 2:24.69)
- (12) Abby Nasset - Bowman County
- (12) Tenielle Klubben - Griggs County Central
- (12) Kirsten Welk - Rugby**
- (12) Katrece Thompson - Benson County
- (12) Hannah Hellekson - Shiloh Christian
- (12) Kristen Schulz - Edgeley/Kulm
- (11) Bobbi Grann - Benson County (2nd - 2:19.44)
- (11) Rachel Brown - Minot Ryan** (8th - 2:26.00)
- (11) Ashley Freeberg - Richland
- (11) Terese Boeder - Central Cass
- (10) Sibee Jokela - Watford City (6th - 2:25.30)
- (10) Morgan Abel - Minot Ryan**
- (10) Stephanie Deutsch - Watford City
- (10) McKayla Artz - Westhope/Newburg**
- (10) Shanice Lambert - New Town

1600 Meter Run

- (12) Lindsay Anderson - Benson County (1st - 5:06.80)
- (12) Kiley Coles - Hillsboro/Central Valley (2nd - 5:19.44)
- (12) Katrece Thompson - Benson County (3rd - 5:22.51)
- (12) Tenielle Klubben - Griggs County Central (6th - 5:29.41)
- (12) Jessica Schanilec - Minto/Midway
- (12) Taylor Braunberger - Dickinson Trinity
- (12) Molly Wold - Watford City
- (12) Jennifer Binstock - Central McLean
- (12) Tara Ness - Kindred
- (11) Rachel Brown - Minot Ryan** (7th - 5:29.42)
- (11) Nicole Woinarowicz - Grafton (4th - 5:24.36)
- (11) Terese Boeder - Central Cass
- (10) Sibee Jokela - Watford City (5th - 5:28.92)
- (10) Stephanie Deutsch - Watford City
- (10) Shanice Lambert - New Town
- (10) Samantha Heier - Williams County
- (10) Maggie Moen - Finley-Sharon
- (10) Lauren Casperson - Richland
- (10) Tiffany Jaeger - Washburn/Wilton

3200 Meter Run

- (12) Lindsay Anderson - Benson County (1st - 11:07.01)
- (12) Kiley Coles - Hillsboro/Central Valley (3rd - 11:23.00)
- (12) Katrece Thompson - Benson County (4th - 11:44.12)
- (12) Taylor Braunberger - Dickinson Trinity (6th - 11:55.52)
- (12) Jessica Schanilec - Minto/Midway
- (12) Tenielle Klubben - Griggs County Central
- (12) Ashley Lopez - Grafton (8th - 11:57.26)
- (12) Tara Ness - Kindred
- (12) Kayla Lemieux - Lisbon
- (12) Katie Grunefelder - Napoleon
- (12) Megan Kelly - Bowman County
- (12) Jennifer Binstock - Central McLean
- (11) Nicole Woinarowicz - Grafton (2nd - 11:20.77)
- (11) Rachel Brown - Minot Ryan**
- (11) Hope Baker - New Town
- (10) Maggie Moen - Finley-Sharon (5th - 11:53.24)
- (10) Lauren Casperson - Richland
- (10) Shanice Lambert - New Town
- (10) Laura Lies - New Rockford-Sheyenne
- (10) Jayli Fimbres - New Town
- (10) Tiffany Jaeger - Washburn/Wilton
- (8) Chloe Tweten - Grafton

HURDLES

100 Meter Hurdles

- (12) Kristyn Nelson - Rolette/Wolford (2nd - 16.54)
- (12) Dakota Anderson - Velva/Drake
- (12) Shelbi Schneider - Beulah
- (12) Maribeth Geiszler - Bottineau (8th - 17.38)
- (12) Jessie Schwanke - Benson County (7th - 17.28)
- (12) Sara Gullickson - Barnes County North
- (12) Traci Christensen - Wishek
- (11) Breanna Messer - Dickinson Trinity (6th - 16.90)
- (11) Ashley Berg - Lisbon (1st - 16.50)
- (11) Ashley Salwey - Rugby**
- (11) Logan Dick - Langdon/Munich
- (11) Sara Opp - Carrington
- (11) Alyssa Hurtt - Drayton/St. Thomas/Valley
- (11) Adrian Liesener - Williams County
- (10) Allison Opp - Hazen (4th - 16.81)
- (10) Sam Lako - Northern Cass

300 Meter Hurdles

- (12) Dakota Anderson - Velva/Drake
- (12) Kristen Killoran - Maple Valley/Enderlin (1st - 46.20)
- (12) Jessie Schwanke - Benson County (5th - 48.29)
- (12) Kristyn Nelson - Rolette/Wolford (7th - 49.11)
- (12) Alesha Graber - Rolette/Wolford
- (12) Ali Morland - Bowman County
- (12) Traci Christenson - Wishek
- (11) Ashley Berg - Lisbon (4th - 48.19)
- (11) Bobbi Grann - Benson County (2nd - 47.06)
- (11) Ashley Salwey - Rugby** (6th - 48.57)
- (11) Megan Girodat - Kindred
- (11) Kara Johnsrud - Watford City
- (11) Abby Sprunk - Central Cass
- (10) Allison Opp - Hazen (8th - 49.73)
- (10) Samantha Heier - Williams County
- (9) Logyn Bloms - Lewis & Clark
- (9) Breanna Oakland - Hazen
- (9) Sydney Larson - Park River/Fordville-Lankin/Adams-Edmore

JUMPS

High Jump

- (12) Adrienne Thomas - Park River/Fordville-Lankin/Adams-Edmore
- (12) Shelbi Schneider - Beulah
- (12) Lauren Aderson - Richland
- (12) Tiffany Stremick - Langdon/Munich (4th - 5'1")
- (12) Molly Wold - Watford City
- (12) Jordan Callahan - Benson County (7th tie - 4'11")
- (11) Veronica Munkeby - Lisbon (2nd - 5'2")
- (11) Breanna Messer - Dickinson Trinity
- (11) Danielle Wold - Hatton/Northwood (7th tie - 4'11")
- (11) Kyli Locken - Stanley/Powers Lake
- (10) Kaylin Sheets - Hazelton-Moffit-Braddock (5th tie - 4'11")
- (10) Kali Olson - Lisbon
- (9) Shenille Laber - Napoleon

Long Jump

- (12) Kristen Killoran - Maple Valley/Enderlin (1st - 18'10¼")
- (12) Vanessa Friestad - Rugby** (3rd - 17'2¼")
- (12) Jessie Schwanke - Benson County (7th - 16'3½")
- (12) Steph Risser - Barnes County North (8th - 16'¾")
- (12) Jordan Callahan - Benson County
- (12) Brandi Lorz - North Border
- (12) McKenna Tysdal - Finley-Sharon
- (12) Alicia Rogers - Lewis & Clark
- (11) Anna Knutson - Velva/Drake
- (11) Logan Dick - Langdon/Munich
- (11) Kierney Olson - Bottineau
- (11) Brooke Maddocks - Northern Cass
- (11) Marie Franzen - Dickinson Trinity
- (11) Veronica Munkeby - Lisbon
- (11) Jamie Larson - Lewis & Clark
- (10) Allison Opp - Hazen (6th - 16'3¾")
- (10) Kayla Dolyniuk - Beach
- (9) Carissa Nelson - Griggs County Central
- (8) Britta Skjefte - Oakes

Triple Jump

- (12) Kristen Killoran - Maple Valley/Enderlin (1st - 38'9¾")
- (12) Katie Zent - Richardton-Taylor
- (12) Vanessa Friestad - Rugby** (4th - 35'9¾")
- (12) Steph Risser - Barnes County North
- (12) Jordan Callahan - Benson County
- (11) Hannah Honeyman - Mott-Regent (8th - 34'7")
- (11) Allison Aaland - Hatton/Northwood
- (11) Marie Franzen - Dickinson Trinity
- (11) Kierney Olson - Bottineau
- (11) Veronica Munkeby - Lisbon
- (11) Tiffany McMillan - Park River/Fordville-Lankin/Adams-Edmore
- (10) Allison Opp - Hazen (3rd - 37'1½")
- (10) Sharisa Yri - Benson County (6th - 35'6¾")
- (10) Beth Jochim - Griggs County Central
- (10) Mariah Smith - Maple Valley/Enderlin (7th - 34'11")
- (10) Ashley Sickler - Dickinson Trinity
- (10) Samantha Everson - Griggs County Central
- (10) Jenna Maas - Hazen
- (10) Kendra Kovash - Dickinson Trinity
- (10) Casey Geffre - Hankinson
- (10) Samantha Risan - Parshall
- (9) Carissa Nelson - Griggs County Central

Pole Vault

- (12) Maribeth Geiszler - Bottineau (1st - 10'6")
- (12) Jennifer Bachamp - Dickinson Trinity (6th - 9'0")
- (12) Kathryn Kram - Langdon/Munich (8th tie - 8'0")
- (12) Erin Falk - Tappen
- (11) Abbey Aide - Bottineau (3rd - 10'0")
- (11) Tegan Miller - Bowman County
- (11) Samantha Ziegler - Hazen (8th tie - 8'0")
- (10) Julie Ault - Cavalier (7th - 8'6")
- (10) Andrea Dacar - Hazen
- (9) Dani Bates - Watford City

THROWS

Shot Put

- (12) Kayla Roemmich - Bottineau (2nd - 41'7½")
- (12) Leah Wentz - Rugby** (1st - 42'8")
- (12) Katie Gruman - Griggs County Central (3rd - 40'5")
- (12) Jessica Schriener - North Sargent/Sargent Central
- (12) Shayna Olson - Milnor/Wyndmere/Lidgerwood (6th - 37'1")
- (12) Alysia Hagert - Larimore
- (12) Alex Langan - Rolette/Wolford
- (12) Tannis Zacher - Strasburg
- (12) Tegan Peabody - Beulah
- (12) Angie Moch - Edgeley/Kulm
- (12) Rachel Anderson - Williams County
- (12) Kellie Sieg - Sheridan County
- (12) Christine Miller - New Town
- (11) Kaylee Stein - Richardton-Taylor
- (10) Kali Hook - Griggs County Central (7th - 36'10")

Discus

- (12) Kayla Roemmich - Bottineau (2nd - 141'5")
- (12) Katie Gruman - Griggs County Central (1st - 142'0")
- (12) Leah Wentz - Rugby** (7th - 115'4")
- (12) Tegan Peabody - Beulah (6th - 121'5")
- (12) Jessica Schriener - North Sargent/Sargent Central
- (12) Amanda Jacobson - Kindred
- (12) Angie Moch - Edgeley/Kulm
- (12) Denielle Glas - Wishek
- (12) Christine Miller - New Town
- (11) Brianne Okes - Hatton/Northwood
- (11) Kaylee Stein - Richardton-Taylor
- (10) Cass Heigaard - Park River/Fordville-Lankin/Adams-Edmore
- (8) Paige Lueck - Trenton/Trinity Christian

Javelin

- (12) Kayla Rummel - Dickinson Trinity
- (12) Katie Gruman - Griggs County Central (2nd - 122'0")
- (12) Kayla Roemmich - Bottineau
- (12) Kacie Beattie - Rolette/Wolford
- (12) Leah Wentz - Rugby**
- (12) Tegan Peabody - Beulah
- (12) Kristen Strom - Steele-Dawson
- (11) Sara Jensen - Montpelier
- (11) Kelsey Thompson - Cavalier (6th - 116'1")
- (11) Alex Webster - Rolette/Wolford
- (11) Shannon Ernst - Dickinson Trinity
- (10) Jamie Drevlow - North Sargent/Sargent Central