

Rugby High School Track & Field Results
CHARLIE HANNEMAN MEMORIAL
Rugby, ND – Tuesday, April 29, 2008

100 Meter Dash

Emily Paul - 13.06 - 5th place
Kelsea Volk - 13.20
Crystal Hovland - 13.38
Miriah Koenig - 13.74
Courtney Putnam - 14.73
Stephanie Friestad - 14.89

200 Meter Dash

Kelsea Volk - 28.33
Crystal Hovland - 28.33
Rachel Hoffert - 28.43
Aubrey Hovland - 30.32
Stephanie Friestad - 31.74

400 Meter Dash

Kirsten Welk - 1:03.64 - 3rd place
Rachel Hoffert - 1:05.97 - 7th place
Chelsea Halvorson - 1:07.10
Aubrey Hovland - 1:10.96
Josie Klein - 1:15.09

800 Meter Run

Kirsten Welk - 2:38.03
Sydney Kraft - 2:46.06
Mariya Bernhardt - 2:53.39
Katelyn Berube - 3:03.66
Tessa Koenig - 3:09.38

1600 Meter Run

Sydney Kraft - 5:51.35 - 5th place
Kristi Black - 6:15.40
Mariya Bernhardt - 6:24.09

3200 Meter Run

Danielle Wangler - 12:39.42 - 1st place
Taylor Stone - 13:34.30 - 5th place
Joclyn Seiler - 14:29.27 - 8th place

100 Meter Hurdles

Ashley Salwey - 16.72 - 5th place
Crystal Hovland - 17.16 - 7th place
Rachel Hoffert - 18.85

300 Meter Hurdles

Ashley Salwey - 46.89 - 1st place - **SQ, MR**
Crystal Hovland - 48.86 - 4th place
Rachel Hoffert - 51.57

Shot Put

Leah Wentz - 43'2½" - 1st place - **SQ, MR, SR**
Kelsey Mongeon - 30'2½" - 7th place
Nicole Hooker - 25'8½"
Emily Schmaltz - 19'6"

Discus

Leah Wentz - 121'7" - 1st place - **SQ**
Nicole Hooker - 83'2"
Kelsey Mongeon - 75'11"
Christine Walter - 50'9"
Emily Schmaltz - 49'2"

Javelin

Kristi Black - 91'2" - 6th place
Paige Haman - 75'8"
Tessa Koenig - 71'10"
Mariya Bernhardt - 63'3"
Taylor Stone - 61'10"

Long Jump

Vanessa Friestad - 17'10½" - 1st place - **SQ, MR**
Stephanie Friestad - 15'2"
Courtney Putnam - 14'4½"
Katelyn Berube - 13'7¾"
Josie Klein - 13'7"
Nicole Jorgenson - 12'11"
Tessa Koenig - 12'3¾"
Paige Haman - 11'10¾"
Miriah Koenig - 11'10"

Triple Jump

Vanessa Friestad - 35'9½" - 1st place - **SQ**
Stephanie Friestad - 32'2¼" - 6th place
Courtney Putnam - 31'½"
Josie Klein - 27'10¾"
Katelyn Berube - 27'10¼"
Nicole Jorgenson - 25'6"
Paige Haman - 25'5"

High Jump

Vanessa Friestad - 4'11" - 2nd place
Courtney Putnam - 4'3"
Aubrey Hovland - 4'3"
Nicole Jorgenson - 4'1"

Pole Vault

Kristi Black - 6'6" - 7th place

400 Meter Relay

Kelsea Volk(13.18), Emily Paul(14.25)
Miriah Koenig(12.31), Vanessa Friestad(12.95)
52.94 - 1st place

800 Meter Relay

Kelsea Volk(27.53), Emily Paul(26.68)
Ashley Salwey(28.24), Kirsten Welk(27.80)
1:50.73 - 1st place - **SQ**

1600 Meter Relay

Emily Paul(1:04.41), Chelsea Halvorson(1:07.91)
Ashley Salwey(1:06.72), Kirsten Welk(1:04.30)
4:23.17 - 1st place

3200 Meter Relay

Danielle Wangler(2:38.64), Sydney Kraft(2:35.44)
Chelsea Halvorson(2:39.14), Taylor Stone(2:41.47)
10:34.66 - 3rd place

GIRLS TEAM SCORES

1. Rugby - 146
2. Bottineau - 71½
3. Langdon - 64
4. Benson County - 55
4. Velva/Drake - 55
6. Park River/ Fordville-Lankin/Adams-Edmore/Edinburg - 50
7. Rolette/Wolford - 49
8. New Rockford-Sheyenne/Wells County - 36
9. Glenburn - 31½
10. Devils Lake - 28
11. New Town - 19
12. Des Lacs-Burlington - 17
12. Garrison/Max - 17
14. Harvey 16
14. Northern Lights - 16
14. Minot Bishop Ryan - 16
17. Turtle Mountain - 13
18. Kenmare/Mohall-Lansford-Sherwood/Bowbells - 12½
19. Shiloh Christian - 11
20. Surrey - 8
21. Dunseith - 6½
22. Sheridan County/Anamoose - 2
23. Central McLean - 1

SQ - State Qualifier
SR - School Record
MR - Meet Record