

Track Bears Invitational - Girls

300 Hurdles

1. Kristyn Nelson 46.74 Rol/Wolf **SQ**
2. Whitney Boehm 48.54 V/D **SQ**
3. Shelby Wetzel 48.95 WC/NRS
4. Crystal Hovland 49.66 Rugby
5. Katie Ingebretson 50.33 Car.
6. Deidre Karhoff 51.67 DL-B
7. Cassidy Unterseher 52.44 WC/NRS
8. Aubrey Hovland 53.45 Rugby

100 Dash

1. Chelsey Opland 12.76 DL-B **SQ**
2. Sharisa Yri 13.02 Benson County
3. Quinn Hormon 13.41 BRHS
4. Crystal Hovland 13.49 Rugby
5. Kelsea Volk 13.51 Rugby
6. Kaylee Scott 13.64 Rol/Wolf
7. Vanessa Friestad 13.67 Rugby
8. Kelsey Bryartt 13.76 DL-B

1600 Run

1. Katrece Thompson 5:40.54 BC
2. Hannah Ruth Patterson 6:09.78 DL-B
3. Amanda Rutherford 6:29.54 Glenburn
4. Amber Rangeloff 6:31.68 Tappen
5. Kayla Rae Houchin 6:36.97 WC/NRS
6. Hannah Abell 6:43.86 Glenburn
7. Tillarie Jones 6:54.24 WC/NRS
8. Erin Endres 7:04.47 Carrington

400 Dash

1. Callie Christianson 1:00.61 Glen **SQ**
2. Dakota Anderson 1:00.73 V-D **SQ**
3. Amy Buxa 1:03.21 Harvey
4. July Erfle 1:03.84 WC/NRS
5. Hannah Lipetsky 1:05.31 Carrington
6. Katie Ingebretson 1:05.42 Carrington
7. Rachel Brown 1:05.64 BRHS
8. Emily Medalen 1:06.23 BRHS

3200 Relay

1. Rugby 9:56.25 **SQ**
Halvorson, Wangler, Welk, Kraft
2. Westhope 10:32.44
3. Carrington 11:03.45
4. DL-B 11:29.97

800 Relay

1. Rugby 1:48.83 **SQ**
Volk, Welk, Salwey, Blessum
2. WC/NRS 1:54.04
3. Carrington 1:54.19
4. Tappen 1:58.28

400 Relay

1. Rugby 52.07 **SQ**
Volk, Paul, Koenig, Blessum
2. BRHS 52.77 **SQ**
Bosch, Allard, Klein, Harmon
3. DL-B 52.80 **SQ**
Opland, Brontt, Karhoff, Benzmilller
4. Carrington 53.58
5. WC/NRS 53.89
6. Rolette-Wolford 54.15
7. Shiloh Christian 56.80
8. Tappen 57.23

100 Hurdles

1. Kristyn Nelson 15.49 Rol/Wolf **SQ**
2. Ashley Salwey 16.38 Rugby **SQ**
3. Hope Carr 17.25 Carrington
4. Cassidy Unterseher 18.66 WC/NRS
5. Alyssa Ralston 19.52 Carrington
6. Kaylee Scott 19.93 Rol/Wolf
7. Jillian Dunn 20.22 Rol/Wolf
8. Nicole Stivers 20.96 Glenburn

800 Run

1. Diale Garber 2:33.03 BRHS
2. Amy Becker 2:33.17 Carrington
3. Olivia Christenson 2:33.88 W-NB
4. McKayla Ariz 2:36.12 W-NB
5. Taylor Stone 2:39.93 Rugby
6. Hannah Christenson 2:47.56 W-NB
7. Cassidy Unterseher 2:48.53 WC/NRS
8. Kia Smith 2:51.19 Glenburn

3200 Run

1. Danielle Wangler 12:05.04 Rugby **SQ**
2. Katrece Thompson 12:12.12 BC **SQ**
3. Sara Schwanke 12:12.56 BC **SQ**
4. Sydney Kraft 12:22.78 Rugby
5. Chelsea Halvorson 12:45.79 Rugby
6. Mariya Bernhardt 13:19.69 Rugby
7. Callie Christianson 13:23.59 Glenburn
8. Hannah Ruth Patterson 13:30.75 DL-B

Long Jump

1. Vanessa Friestad 17'9" Rugby **SQ**
2. Sharessa Yri 17'1" Benson County **SQ**
3. Brittney Berndt 16'7" V-D **SQ**
4. Jessica Bruer 16'2" WC/NRS
5. Steph Friedstad 16'1" Rugby
6. Alisha Braaten 16'0" W-NB
7. Kelsey Bryantt 15'4" DL-B
8. Courtney Putnum 14'10" Rugby

Shot Put

1. Leah Wentz 43'4" Rugby **SQ**
2. Kendra Thom 35'6" W-NB **SQ**
3. Megan Harrington 32'11" Carrington
4. Alex Langan 32'7" Rol/Wolf
5. Kylie Thom 32'3" W-NB
6. Ashley Lommen 31'8" WC/NRS
7. Karlee Brown 31'7" Carrington
8. Kelli Feakes 31'2" WC/NRS

200 Dash

1. Kristyn Nelson 26.83 Rol/Wolf
2. Chelsey Opland 27.37 DL-B
3. Emily Paul 27.51 Rugby
4. Shelby Wetzel 28.19 WC/NRS
5. Sarah Borgen 28.29 WC/NRS
6. Allison Barnick 28.31 Tappen
7. Kelsea Volk 28.33 Rugby
8. Kaylee Scott 28.63 Rol/Wolf

1600 Relay

1. Rugby 4:11.22 **SQ**
Paul, Blessum, Welk, Salwey
2. WC/NRS 4:20.33
3. BRHS 4:22.07
4. DL-B 4:35.17
5. Tappen 5:24.46

Triple Jump

1. Sharrisa Yri 35'10.5" BC **SQ**
2. Vanessa Friested 35'8" Rugby **SQ**
3. Alisha Braaten 35'3.5" W-NB **SQ**
4. Steph Friested 32'10" Rugby
5. Brianna Johnson 30'11.5" DL-B
6. Courtney Putnum 30'11" Rugby
7. Nicole Jorgenson 27'1" Rugby
8. Josie Klien 26'10.5" Rugby

Discus

1. Leah Wentz 121'6" Rugby **SQ**
2. Kendra Thom 107'8" W-NB
3. Kelli Feakes 107'4" WC/NRS
4. Lisa McLean 100'2" Glenburn
5. Ahsley Lommen 99'11" WC/NRS
6. Sarah Marinsons 97'7" Glenburn
7. Megan Harrington 96'7" Carrington
8. Abby Langehaug 94'4" Glenburn

Javelin

1. Alex Webster 118'8" Rol/Wolf **SQ**
2. Kacie Beattie 108'10" Rol/Wolf
3. Leah Wentz 97'11" Rugby
4. Sierra Roseneau 97' Carrington
5. Jessa Koenig 88'7" Rugby
6. Danielle Boehmer 83'7" Carrington
7. Nicole Stevers 82'2" Glenburn
8. Kellie Feakes 81'9" WC/NRS

Pole Vault

1. Erin Falk 9'0" Tappen **SQ**
2. Brittney Reisnau 8'0" Carrington
3. Chelsea Halvorson 7'6" Rugby
4. Sam Berzmiller 7'6" DL-B
5. Brianna Johnson 7'0" DL-B
6. Cassidy Weber 6'6" WC/NRS

High Jump

1. Vanessa Friestad 4'9" Rugby
2. Whitney Zink 4'7" Carrington
3. Hailee Sivertson 4'7" W-NB
4. Shauna Slaughter 4'5" Tappen
5. Crystal Hovland 4'5" Rugby
6. Courtney Putnun 4'3" Rugby
7. Aubrey Hovland 4'1" Rugby
7. Kelsey Tofte 4'1" Rol/Wolf

Team Scores

1. Rugby 187.5
2. Carrington 94
3. WC/NRS 82
4. Rol/Wolf 66.5
5. DL-B 62
6. W-NB 57
7. Benson County 50
8. Glenburn 49
9. Minot Ryan 37
10. Tappen 33
11. Velva Drake 22
12. Harvey 6
13. Shiloh 2