

# RUGBY HIGH SCHOOL BOYS TRACK & FIELD RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>TIME/DIST.</u>	<u>YEAR</u>
100 METER DASH .....	Nigel Hageness.....	10.49 .....	2014
200 METER DASH .....	Justin Schiele .....	21.69 .....	1999
400 METER DASH .....	Scott Frueh.....	49.53 .....	1993
800 METER RUN.....	Kevin Miiller.....	1:55.91.....	1990
1600 METER RUN.....	Kevin Miiller.....	4:19.46.....	1990
3200 METER RUN.....	Kevin Miiller.....	9:22.15.....	1990
110 METER HURDLES .....	Eric Kuntz.....	14.54 .....	2010
300 METER HURDLES .....	Cody Gronvold .....	38.62 .....	2006
HIGH JUMP .....	Jason Frueh .....	6'5" .....	1999
LONG JUMP.....	Bryant Halvorson.....	22'11¼" .....	2009
TRIPLE JUMP.....	Jason Frueh .....	45'6½" .....	1998
SHOT PUT.....	Shane Duchscher.....	53'7" .....	2001
DISCUS .....	Dale Sanderson .....	167'10".....	1976
JAVELIN(Rubber Tip).....	Dustin Schneibel .....	174'0" .....	1995
POLE VAULT.....	Tom Heilman.....	15'0" .....	1998
4 x 100 METER RELAY .....	Mackenzie Koenig..... Chris Hamilton Jayden Welk Nigel Hageness	44.19 .....	2012
4 x 200 METER RELAY .....	Todd Leier..... Travis Anderson Mike Duchscher Justin Schiele	1:31.50.....	1999
4 x 400 METER RELAY .....	Travis Vangsness..... Tom Heilman Luke Boe Travis Anderson	3:27.24.....	1998
4 x 800 METER RELAY .....	Mark Myhre .....	8:05.13.....	1988
	Jason Fritz Jim Johnston Kevin Miiller		