

Top 10 All-Time Results in Rugby							
100 Meter Dash		Year	Time	200 Meter Dash		Year	Time
1	Nigel Hageness	2014	10.49	1	Justin Schiele	1999	21.69
2	Eric Nelson	2008	10.61	2	Nigel Hageness	2012	21.91
3	Eric Bachmeier	1991	10.66	3	Scott Frueh	1993	22.08
4	Bruce Gronvold	1979	10.80	4	Eric Bachmeier	1991	22.17
5	Jusitn Schiele	1999	10.85	5	Bruce Gronvold	1980	22.19
6	Daniel Mosser	2004	10.86	6	Travis Anderson	1998	22.25
7	Scott Frueh	1993	10.91	7	Mike Zwingel	2008	22.37
	Tom Heilman	1998	10.91	8	Cody Gronvold	2005	22.42
9	Kelepie Rakabikabi	2003	10.91	9	Scott Hauck	1997	22.52
	Ian Keller	2010	11.00	10	Curt Halvorson	1968	22.70
	Brian Herman	1987	11.00				
	Duane Massine	1970	11.00				
	Steve Hendrickson	1969	11.00				
	John Hilzendager	1969	11.00				
400 Meter Dash		Year	Time	800 Meter Dash		Year	Time
1	Scott Frueh	1993	49.53	1	Kevin Miiller	1990	1:55.91
2	Cody Gronvold	2006	50.50	2	Jason Fritz	1988	1:59.27
3	Travis Anderson	1998	50.59		Dyain Yoder	2009	1:59.27
4	Eric Bachmeier	1991	50.80	4	Kyle Volk	2011	2:00.34
5	Bruce Gronvold	1979	51.00	5	Scott Frueh	1992	2:00.98
6	Josh Anderson	2000	51.17	6	D. M. Anderson	1979	2:01.10
7	Jeff Sperry	1970	51.50	7	Jim Johnston	1989	2:02.20
8	Dexter Voeller	1994	51.74	8	Scott Brandt	1995	2:02.24
9	Kevin Miiller	1989	51.84	9	Dexter Voeller	1993	2:02.65
10	Dyan Yoder	2010	51.85	10	Pat Hoffart	1989	2:03.80
1600 Meter Run		Year	Time	3200 Meter Run		Year	Time
1	Kevin Miiller	1990	4:19.46	1	Kevin Miiller	1990	9:22.15
2	Jason Fritz	1988	4:19.58	2	Jason Fritz	1988	9:28.06
3	Scott Brandt	1994	4:30.69	3	Jim Johnston	1988	9:57.55
4	Dylan Yoder	2009	4:32.59	4	Scott Brandt	1995	10:03.38
5	Jim Johnston	1989	4:34.75	5	Dylan Yoder	2007	10:09.7
6	Brent Hoffert	1992	4:34.99	6	Eric Wangler	2010	10:20.1
7	Kyle Volk	2011	4:37.31	7	Rob Halvorson	1982	10:25.0
8	Dustin Jundt	2010	4:39.00	8	Brent Hoffert	1992	10:28.9
9	Rob Halvorson	1982	4:39.1	9	Kyle Volk	2010	10:32.8
10	Carlan Kraft	1963	4:44.8	10	Geoff Childress	2003	10:51.50
110 High Hurdles		Year	Time	300 I.M. Hurdles		Year	Time
1	Eric Kuntz	2010	14.54	1	Cody Gronvold	2006	38.62
2	Cody Gronvold	2006	14.68	2	Eric Kuntz	2010	38.83
3	D.J. Anderson	1978	14.80	3	Tom Heilman	1998	40.24
4	Curt Jaeger	1986	15.05	4	D.J. Anderson	1978	40.50
5	Jeff Volk	1981	15.12	5	Kirk Kreklau	1994	41.06
6	Paul Presthus	1962	15.35		Curt Jaeger	1986	41.06
7	Gary Axtman	1982	15.53	7	Brandon Cameron	2001	41.48
8	Kirk Kreklau	1993	15.58	8	Lyle Kraft	1980	41.50
9	Mike Muffenbier	1988	15.61	9	Nolan Hovland	2014	41.51
10	Tommy Dunn	2008	15.64	10	Cody Goetz	2005	41.82

High Jump				Long Jump		
	Year	Height		Year	Distance	
1	Jason Frueh	1999	6'5"	1	Bryant Halvorson	2009 22'11.25"
2	Justin Schiele	1999	6'4.25"	2	Brad Heidlebaugh	2014 22'6.75"
3	Nolan Hovland	2014	6'4"	3	Aaron Teigen	2010 22'6.5"
	Tanner Schilke	2001	6'4"	4	Eric Kuntz	2010 22'6"
	Dustin Schneibel	1995	6'4"	5	Chuck McGuire	1961 22'4.25"
6	Justin Keller	2005	6'3"	6	Ian Keller	2010 22'1.75"
7	Willy Paul	2007	6'2"	7	Kellan Schmaltz	2007 22'1.5"
	Chad Thiel	1993	6'2"	8	Tom Stenson	1978 22'5"
	Don Lennon	1984	6'2"	9	Tanner Bernhardt	2014 21'9"
10	Steve Hendrickson	1969	6'1"	10	Jason Frueh	1998 21'6.5"
Pole Vault				Discus		
	Year	Height		Year	Distance	
1	Tom Heilman	1998	15'0"	1	Dale Sanderson	1976 167'10"
2	David Gjovik	1991	14'8"	2	Brad Heidlebaugh	2014 161'10"
3	Cody Gronvold	2006	14'6"	3	Dale Schneibel	1980 160'1.5"
4	Eric Kuntz	2011	14'3"	4	Rick Bier	1983 154'5"
5	Cody Goetz	2005	14'1"	5	Shane Duchscher	2001 153'2"
	Jan Corpus	1992	14'1"	6	Eric Odegaard	1988 149'10"
7	Zach Axtman	2004	13'9"	7	Craig Minette	1993 148'4"
8	Jon Corpus	1995	13'7"	8	Todd Jensen	1976 146'6"
9	Jason Blomster	1995	13'6"	9	George Gilmore	1968 144'3"
	Kyle Dillard	2004	13'6"	10	Dave Stoxen	1978 143'10"
Shot Put				Javelin(retired)		
	Year	Distance		Year	Distance	
1	Shane Duchscher	2001	53'7"	1	Donavon Schneibel	1975 177'11"
2	David Schneibel	1991	53'2"	2	Ron Kirchofner	1969 172'0"
3	Dale Schneibel	1980	52'7.25"	3	D. M. Anderson	1979 169'11"
4	Val Eylands	1970	52'1.75"	4	Dale Sanderson	1976 169'10"
5	Travis Fritel	2007	51'2'	5	Paul Ripplinger	1985 168'7"
6	Eric Stevenson	2004	51'0.5"	6	Dave Bolinske	1976 164'8.5"
7	Greg Johnson	1970	51'0"	7	Glen Paul	1985 160'6"
8	Wayne Stevenson	1968	50'8"	8	Todd Harper	1981 159'7.5"
9	Rick Bier	1983	50'7"	9	Jeff Spillum	1957 158'9"
10	Kris Thiel	2000	49'2"	10	Don Hardy	1977 158'1"
Triple Jump				Restricted Javalin		
	Year	Distance		Year	Distance	
1	Jason Frueh	1998	45'6.5"	1	Dustin Schneibel	1995 174'0"
2	Zach Miller	2014	44'8"	2	Reed Duchscher	2007 173'7"
3	Brad Heidlebaugh	2014	44'3.5"	3	Josh Michels	2013 169'10"
4	Tanner Bernhardt	2014	43'7"	4	Mike Stanley	2001 168'8"
5	Ian Keller	2010	42'10.5"	5	David McAtee	2011 165'7"
6	Willy Paul	2007	42'7"	6	Josh Halvorson	2004 164'8"
	Eric Kuntz	2009	42'7"	7	John Tuchscherer	2005 164'4"
8	Austin Schmaltz	2002	42'6"	8	Zach Thompson	2010 163'2"
	Bryant Halvorson	2009	42'6"	9	Jeff Murtaugh	1996 163'1"
10	Kellan Schmaltz	2007	42'5"	10	Jarett Lovcik	2012 160'11"

	4 x 100 Meter Relay	Time	Participants					
1	2012	44.19	Mackenzie Koenig, Chris Hamilton, Jaden Welk, Nigel Hageness					
2	2008	44.42	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson					
3	2013	44.76	Mackenzie Koenig, Chris Hamilton, Eli Luna, Nigel Hageness					
4	1996	44.89	Jon Corpus, Jason Blomster, Tom Heilman, Scott Hauck					
5	1980	44.90	Lyle Kraft, Lance Kraft, Mitch Anderson, Bruce Gronvold					
6	2009	45.03	Justin Hall, Aaron Teigen, Ian Keller, Bryant Halvorson					
7	2002	45.19	Mike Stanley, Rich Danielson, Austin Schmaltz, Mike Schiff					
8	1970	45.20	Duane Massine, Jeff Sperry, John Parkman, Val Eylands					
9	1992	45.22	Jan Corpus, Kirk Kreklau, Scott Hagel, Eric Bachmeier					
10	1998	45.28	Eric Zwingel, Justin Schiele, Josh Anderson, Justin Frueh					
	4 x 200 Meter Relay	Time	Participants					
1	1999	1:31.50	Todd Leier, Travis Anderson, Mike Duchscher, Justin Schiele					
2	1998	1:31.98	Tom Heilman, Justin Schiele, Luke Boe, Travis Anderson					
3	1969	1:32.10	John Hilzendager, Duane Massine, Jeff Sperry, Steve Hendrickson					
4	1996	1:32.46	Tom Heilman, Jason Blomster, Travis Anderson, Scott Hauck					
	2012	1:32.46	Mackenzie Koenig, Chris Hamilton, Jaden Welk, Nigel Hageness					
7	1980	1:32.70	Lyle Kraft, Mitch Anderson, Lance Kraft, Bruce Gronvold					
6	2008	1:32.72	Eric Nelson, Mike Zwingel, Kellan Schmaltz, Bryant Halvorson					
8	1997	1:33.09	Tom Heilman, Travis Anderson, Luke Boe, Scott Hauck					
9	2002	1:33.11	Brandon Cameron, Aaron Hallof, Rich Danielson, Mike Schiff					
10	2014	1:33.20	Chris Hamilton, Tanner Bernhardt, Victor Gronvold, Brad Heidlebaugh					
	4 x 400 Meter Relay	Time	Participants					
1	1998	3:27.24	Travis Vangsness, Tom Heilman, Luke Boe, Travis Anderson					
2	1992	3:28.37	Brent Hoffert, Dexter Voeller, Scott Frueh, Eric Bachmeier					
3	2006	3:30.78	Mike Schmaltz, Jacoby Leer, Reed Duchscher, Cody Gronvold					
4	2008	3:30.89	Eric Nelson, Aaron Teigen, Dylan Yoder, Mike Zwingel					
5	2009	3:31.32	Justin Hall, Josh Houim, Aaron Teigen, Dylan Yoder					
6	1989	3:31.36	Nathan Hendrickson, Pat Hoffart, Chad Arthur, Kevin Miiller					
7	2010	3:31.90	Levi Schaan, Eric Kuntz, Dylan Yoder, Aaron Teigen					
8	2000	3:32.26	Mike Schiff, Jesse Fritz, Mike Duchscher, Josh Anderson					
9	1993	3:32.28	Chad Nelson, Scott Brandt, Dexter Voeller, Scott Frueh					
10	1996	3:33.03	Jeff Murtaugh, Shawn Keller, Scott Hauck, Travis Anderson					
	4 x 800 Meter Relay	Time	Participants					
1	1988	8:05.13	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller					
2	1989	8:08.58	Mark Myhre, Pat Hoffart, Jim Johnston, Kevin Miiller					
3	1987	8:23.02	Mark Myhre, Jason Fritz, Jim Johnston, Kevin Miiller					
4	2011	8:26.01	Eric Wangler, David McAtee, Kent Schmaltz, Kyle Volk					
5	2010	8:26.61	Eric Wangler, Dustin Jundt, Kyle Volk, Dylan Yoder					
6	2009	8:27.26	David McAtee, Dustin Jundt, Kyle Volk, Dylan Yoder					
7	1995	8:27.79	Jeff Murtaugh, Dustin Kirchofner, Justin Thomas, Scott Brandt					
8	2012	8:28.01	Andrew Hershey, Kyle Halvorson, Eric Wangler, Kyle Volk					
9	1994	8:28.31	Jeff Murtaugh, Dustin Kirchofner, Scott Brandt, Dexter Voeller					
10	1992	8:29.28	Chad Nelson, Scott Brandt, Scott Frueh, Brent Hoffert					