

## 2015 GIRLS RETURNING STATE COMPETITORS

The following is a list of girls who competed in the state meet last year. The grade preceding their name is their grade this year. After their name, in parenthesis, is their place and mark in that event in the state meet last year. Those people who are underlined are athletes from the North Central Region.

### SPRINTS

#### 100 Meter Dash

- (12) Alexandra Erickson - Kindred (5th - 12.62)
- (12) Dakota Wood - Hazen (3rd - 12.58)
- (12) Emily Stier - Rugby
- (12) Kylie Pastian - Hillsboro/Central Valley
- (12) Shayna Niess - Des Lacs-Burlington/Lewis & Clark
- (12) Joanna Larson - New Rockford-Sheyenne
- (12) Selina Kudrna - Dickinson Trinity
- (11) Jocelyn Dinius - Langdon Area/Munich (2nd - 12.55)
- (11) Kennedy Keator - Dickinson Trinity
- (11) Rikka Bergstrom - Oak Grove
- (10) Kari Wolfe - Harvey/Wells County (8th - 13.05)
- (10) Abby Ringdahl - Richland
- (10) LaDora Schmidt - Kidder County/Napoleon/Gackle-Streeter
- (9) Caitlyn Vogel - Des Lacs-Burlington/Lewis & Clark
- (9) Alli McCoy - Divide County
- (9) Beatrice Kjelland - Park River/Fordville-Lankin (7th - 12.72)
- (9) Katie Duttonhefer - Hazen

#### 200 Meter Dash

- (12) Alexandra Erickson - Kindred (2nd - 25.76)
- (12) Dakota Wood - Hazen
- (12) Emily Stier - Rugby (7th - 26.47)
- (12) Joanna Larson - New Rockford-Sheyenne
- (12) Kacy Smith - Lisbon
- (11) Jocelyn Dinius - Langdon Area/Munich (5th - 26.04)
- (11) Kennedy Keator - Dickinson Trinity
- (10) LaDora Schmidt - Kidder County/Napoleon/Gackle-Streeter (8th - 26.53)
- (10) Kari Wolfe - Harvey/Wells County
- (9) Beatrice Kjelland - Park River/Fordville-Lankin
- (9) Caitlyn Vogel - Des Lacs-Burlington/Lewis & Clark
- (9) Alli McCoy - Divide County

#### 400 Meter Dash

- (12) Alexandra Erickson - Kindred (5th - 1:00.52)
- (12) Emily Stier - Rugby
- (12) Kara Langerud - Watford City
- (11) Shaice Marx - Thompson (6th - 1:00.68)
- (11) Jocelyn Dinius - Langdon Area/Munich
- (11) Alexis Jensen - Edgeley/Kulm
- (10) LaDora Schmidt - Kidder County/Napoleon/Gackle-Streeter (4th - 59.19)
- (9) Taylor Roehl - Grant County/Flasher
- (9) Sidney Hall - Fort Berthold
- (9) Gracie Wright - Hillsboro/Central Valley
- (8) Izzy Shirek - Thompson (7th - 1:01.74)
- (8) Anni Stier - Rugby

## MIDDLE DISTANCE - DISTANCE

### **800 Meter Run**

- (12) Annika Rotvold - Hillsboro/Central Valley (2nd - 2:17.95)
- (12) Regan Watson - Shiloh Christian (7th - 2:23.31)
- (12) Allison Klein - Surrey
- (12) Ashlee Edwards - Bowman County
- (12) Hannah Schlecht - Sargent County
- (12) Kennedy Doornbos - Benson County
- (11) Asha Smith - Watford City (1st - 2:14.54)
- (11) Kate Fox - Southern McLean
- (10) Ashley Neumiller - Carrington (6th - 2:22.97)
- (10) Peyton Frolek - Milnor/Wyndmere/Lidgerwood
- (10) Taylor Hestekin - Hettinger/Scranton (5th - 2:22.27)
- (10) Cailee Peterson - Mayville-Portland-Clifford-Galesburg
- (10) Emily Nelson - Lisbon
- (9) Gracie Wright - Hillsboro/Central Valley (8th - 2:24.32)
- (9) Morgan Rolfsrud - Watford City
- (9) Tristin Lunde - Rugby

### **1600 Meter Run**

- (12) Annika Rotvold - Hillsboro/Central Valley
- (12) Emily Tyrrell - Richardton-Taylor (7th - 5:23.89)
- (12) Regan Watson - Shiloh Christian
- (11) Asha Smith - Watford City (1st - 5:00.47)
- (11) Ashley Perez - Oak Grove
- (11) Kate Fox - Southern McLean (4th - 5:23.30)
- (11) Annika Thompson - Richland
- (10) Peyton Frolek - Milnor/Wyndmere/Lidgerwood (2nd - 5:10.46)
- (10) Ashley Neumiller - Carrington (3rd - 5:16.56)
- (10) Charlie Bailey - Standing Rock/Selfridge
- (10) Mackenzie Holkesvig - Hatton/Northwood
- (10) Cailee Peterson - Mayville-Portland-Clifford-Galesburg
- (10) Tess Scott - Barnes County North
- (10) Madison Gapp - Langdon Area/Munich
- (10) Emily Nelson - Lisbon
- (10) Taylor Hestekin - Hettinger/Scranton
- (9) Gracie Wright - Hillsboro/Central Valley
- (9) Tristin Lunde - Rugby
- (8) Grace Bachmeier - Surrey
- (8) Allison Bearstail - Shiloh Christian

### **3200 Meter Run**

- (12) Annika Rotvold - Hillsboro/Central Valley
- (12) Allison Foster - Rugby
- (12) Emily Tyrrell - Richardton-Taylor (6th - 11:49.81)
- (11) Asha Smith - Watford City (1st - 11:16.99)
- (11) Kate Fox - Southern McLean (5th - 11:46.18)
- (11) Ashley Perez - Oak Grove (4th - 11:42.08)
- (11) Samantha Wieland - Barnes County North
- (10) Charlie Bailey - Standing Rock/Selfridge
- (10) Ashley Neumiller - Carrington (3rd - 11:39.64)
- (10) Mackenzie Holkesvig - Hatton/Northwood
- (10) Cailee Peterson - Mayville-Portland-Clifford-Galesburg (8th - 11:52.06)
- (10) Tess Scott - Barnes County North
- (10) Madison Gapp - Langdon Area/Munich
- (10) Peyton Frolek - Milnor/Wyndmere/Lidgerwood (2nd - 11:33.34)
- (10) Mikayla Bartholomay - Bowman County
- (10) Bayley Rolfe - Stanley/Powers Lake
- (8) Allison Bearstail - Shiloh Christian
- (8) Grace Bachmeier - Surrey
- (8) Shambre Feiring - Stanley/Powers Lake

## HURDLES

### **100 Meter Hurdles**

- (12) Dakota Wood - Hazen (1st - 14.94)
- (12) Madison Hetletved - Langdon Area/Munich
- (12) Courtney Bubach - Benson County
- (12) Ally Wittenberg - Dickinson Trinity
- (11) Jocelyn Dinius - Langdon Area/Munich (7th - 16.55)
- (11) Alexius Hajek - Sargent County (8th - 16.64)
- (11) Macy Dimler - Garrison/Max
- (11) Lea Arndt - Watford City
- (11) Haley Wolfe - Carrington
- (10) Maara Nelson - Carrington (6th - 16.21)
- (10) Lindsey Dix - Bowman County
- (10) Brooke Hiatt - Kindred
- (10) Bridget Allex - Watford City
- (9) Elaina Swartz - Park River/Fordville-Lankin

### **300 Meter Hurdles**

- (12) Dakota Wood - Hazen (1st - 44.79)
- (12) Emily Stier - Rugby
- (12) Alexandra Erickson - Kindred
- (12) Courtney Bubach - Benson County
- (12) Justyce Duffield - Bowman County
- (12) Gracey Gross - Heart River
- (11) Shaice Marx - Thompson
- (11) Jocelyn Dinius - Langdon Area/Munich
- (11) Kaylene Klein - Hazen (6th - 47.16)
- (11) Lea Arndt - Watford City
- (11) Alexius Hajek - Sargent County
- (10) Maara Nelson - Carrington
- (10) Sydney Ellingson - Langdon Area/Munich
- (10) Hannah Anderson - Milnor/Wyndmere/Lidgerwood
- (9) Raquel Doll - Hazen
- (8) Anni Stier - Rugby

## JUMPS

### **High Jump**

- (12) Ashley Miller - Hettinger/Scranton
- (12) Sarah Quenette - Hazen
- (12) Kennedy Doornbos - Benson County
- (12) Jessica Blessum - Rugby
- (12) Alycia McGlothlin - Trenton/Trinity Christian
- (11) Lexy Wittmayer - Rolette/Wolford (1st - 5'10")
- (11) Isabel Wedell - Ellendale (6th - 5'3")
- (11) Ricki Lindley - Watford City
- (11) McKenzie Thorson - Southern McLean
- (9) Elaina Swartz - Park River/Fordville-Lankin
- (9) Abby Tweeten - Southern McLean
- (9) Meggie Fischer - Bowman County
- (9) Taylor Reilly - Drayton/Valley-Edinburg (7th tie - 5'1")

## Long Jump

- (12) Courtney Bubach - Benson County (3rd - 16'11¼")
- (12) Kylie Pastian - Hillsboro/Central Valley
- (12) Kara Langerud - Watford City (7th - 16'6½")
- (12) Mattie Olson - Lisbon (5th - 16'8¼")
- (12) Shayna Niess - Des Lacs-Burlington/Lewis & Clark
- (12) Payton Kritzberger - Hillsboro/Central Valley (8th - 16'4¾")
- (11) Rikka Bergstrom - Oak Grove (2nd - 17'5")
- (11) Mariah Sellon - Central McLean (4th - 16'8¾")
- (11) Jordan Thomas - Medina/Pingree-Buchanan

### (11) Lauren Kraft - Rugby

- (11) Ricki Lindley - Watford City
- (11) Jocelyn Dinius - Langdon Area/Munich
- (11) Krista Slaubaugh - Hazen
- (11) Kaitlyn Binstock - Southern McLean
- (10) Hannah Anderson - Milnor/Wyndmere/Lidgerwood
- (10) Sydney Ellingson - Langdon Area/Munich
- (10) Maara Nelson - Carrington
- (9) Taylor Roehl - Grant County/Flasher
- (8) Faith Aasen - Northern Cass

## Triple Jump

### (12) Courtney Bubach - Benson County

- (12) Mattie Olson - Lisbon (6th - 34'9¼")
- (12) Nicole Schramm - Beulah
- (12) Paige Emanuelson - Drayton/Valley Edinburg
- (12) Alycia McGlothlin - Trenton/Trinity Christian
- (12) Chelsie Deibert - Surrey
- (11) Ricki Lindley - Watford City (2nd - 36'11¾")
- (11) Jalyn Larson - Drayton/Valley-Edinburg (7th - 34'6¾")
- (11) Rikka Bergstrom - Oak Grove
- (11) Krista Slaubaugh - Hazen (5th - 34'11")
- (11) Kaitlyn Binstock - Southern McLean

### (11) Lauren Kraft - Rugby (8th - 34'2½")

### (10) Kaitlyn Jones - Rugby

- (10) Peyton Halverson - North Star/Starkweather
- (9) Haley Hewitt - Carrington

## Pole Vault

- (12) Nicole Schramm - Beulah (3rd - 9'3")
- (12) Jessica Blessum - Rugby
- (12) Kallisha Keller - Killdeer (7th tie - 8'6")
- (12) Courtney Bubach - Benson County
- (12) Mikayla Mellem - Milnor/Wyndmere/Lidgerwood
- (12) Alyssa Sims - Southern McLean
- (11) Brittany Dixon - Oak Grove (1st - 9'9")
- (11) Jocelyn Dinius - Langdon Area/Munich (2nd - 9'9")
- (11) Jalyn Larson - Drayton/Valley-Edinburg (7th tie - 8'6")
- (11) Haley Wolfe - Carrington
- (11) Ally Berger - Hazen
- (10) Lexi Rose - Barnes County North (5th - 9'0")
- (9) Mikka Haugeberg - Watford City (4th - 9'3")
- (9) Sydney Anderson - Killdeer
- (9) Corrie Dobitz - Killdeer
- (9) Taylor Reilly - Drayton/Valley-Edinburg (7th tie - 8'6")

## **THROWS**

### **Shot Put**

- (12) Bailey Retzlaff - Carrington
- (12) Amber Hunsaker - Thompson (7th - 36'5")
- (12) Nessa Mathews - Watford City (3rd - 39'3")
- (12) Rane Nelson - Sargent County (8th - 35'4")
- (11) Kaylyn Frison - Harvey/Wells County (5th - 38'½")
- (11) Kauri Hochhalter - Carrington (6th - 37'1")
- (10) Kari Fritel - Rugby**
- (10) Randi Long - Glenburn
- (10) Sophia Muruato - Beach

### **Discus**

- (12) Bailey Retzlaff - Carrington (1st - 128'2")
- (12) Erin Ost - Hazen (4th - 118'6")
- (12) Miranda Ripplinger - Lisbon (7th - 107'4")
- (12) Amber Hunsaker - Thompson
- (11) Kauri Hochhalter - Carrington (6th - 110'11")
- (11) Kaylyn Frison - Harvey/Wells County
- (11) Madison Eisenzimmer - Langdon Area/Munich
- (11) Kylie Gunderson - Stanley/Powers Lake
- (9) Maddie Uhlenkamp - Rugby**

### **Javelin**

- (12) Miranda Ripplinger - Lisbon (3rd - 128'6")
- (12) Jaime Murschel - Beulah
- (12) Amber Hunsaker - Thompson (7th - 118'11")
- (12) Katie Bohn - Park River/Fordville-Lankin
- (12) Hailee Depute - Mohall-Lansford-Sherwood
- (12) Emma Weshnevski - Maple Valley/Enderlin
- (12) Allison Gion - Mott-Regent
- (12) Ruby White - Garrison/Max
- (11) Kauri Hochhalter - Carrington (8th - 117'6")
- (10) Madison Hart - Langdon Area/Munich (6th - 120'8")
- (8) Hayley Schmidt - Stanley/Powers Lake