

RUGBY JOHNSEN FIELD GIRLS TRACK & FIELD RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH.....	Kelsey Aide.....	Bottineau	12.2.....	2006
200 METER DASH.....	Kelsey Aide.....	Bottineau	25.3.....	2005
400 METER DASH.....	Adrienne Thomas.....	Park River/FLAEE.....	58.7.....	2007
800 METER RUN	Lindsay Anderson	Benson County.....	2:18.8.....	2008
1600 METER RUN	Lindsay Anderson	Benson County.....	5:04.6.....	2004
3200 METER RUN	Lindsay Anderson	Benson County.....	10:41.8.....	2007
100 METER HURDLES	Adrianna Friezen.....	Carrington	14.5.....	2004
300 METER HURDLES	Whitney Carlson	Carrington	44.0.....	2005
SHOT PUT	Tara Copenhaver.....	Carrington	44' 1½"	2000
DISCUS	Sara Neubauer.....	Bottineau	142' 9"	2006
JAVELIN (Rubber Tipped-New Rules)	Amanda Krahler.....	Wells County	142' 11"	2002
HIGH JUMP	Lexy Wittmayer	Rolette/Wolford.....	5' 8"	2014
LONG JUMP	Whitney Carlson	Carrington	18' 6½"	2005
TRIPLE JUMP.....	Sarah Fegley.....	Minot Bishop Ryan	38' 8"	2007
POLE VAULT.....	Kelsey Aide.....	Bottineau	12' 0"	2006
4 x 100 METER RELAY.....	Courtney Hahn, Marcy Loewenberg	Bottineau	51.4.....	2005
	Sarah Wendel, Maribeth Geiszler			
	Kelsea Volk, Emily Paul	Rugby		2008
	Casandra Blessum, Crystal Hovland			
4 x 200 METER RELAY.....	Anna Knutson, Brittany Berndt	Velva/Drake.....	1:48.2.....	2008
	Brittney Thingstad, Courtney Thingstad			
	Kelsea Volk, Emily Paul	Rugby		2008
	Casandra Blessum, Kirsten Welk			
	Jocelyn Dinius, Sydney Ellingson	Langdon/Munich		2012
	Julie Dinius, McKenzie Hart			
4 x 400 METER RELAY.....	Denise Railing.....	Devils Lake	4:08.8.....	1987
	Rhonda Hall			
	Daurcey Deutsch			
	Kristy Tong			
4 x 800 METER RELAY.....	Bobby Grann.....	Benson County.....	9:29.9.....	2004
	Krista Anderson			
	Jordan Callahan			
	Lindsay Anderson			