

**RUGBY HIGH SCHOOL**  
**GIRLS TRACK & FIELD LETTER & AWARD WINNERS**  
**2015**

**Seniors**

**Jessica Blessum (6)**  
**Allison Foster (5)**  
**Kassi Jorgenson - Student Manager (1)**  
**Bailey Nelson (6)**  
**Kylie Scherr (5)**  
**Emily Stier (6)**  
**Alexis Thompson (6)**

**Juniors**

**Shea Heidlebaugh (4)**  
**Lauren Kraft (4)**

**Sophomores**

**Jazlyn Brossart (3)**  
**Kari Fritel (4)**  
**Matty Koenig (4)**  
**Morgan Oppen (4)**  
**Kourtney Sattler (2)**  
**Karin Selland (4)**

**Freshmen**

**Dessa Denich (1)**  
**Whitney Gronvold (2)**  
**Morgan Hjelden (3)**  
**Caitlyn Jungberg (1)**  
**Lillie Landers (1)**  
**Tristin Lunde (3)**  
**Sara Stier (3)**

**8<sup>TH</sup> Graders**

**Melanie Anderson (1)**  
**Maria Blessum (2)**  
**Karsyn Hager (2)**  
**Emily Salwey (2)**  
**Anni Stier (2)**

**7<sup>th</sup> Graders**

**Kristina Brossart (1)**  
**Ellie Duchscherer (1)**  
**Taylor Nelson (1)**  
**Kelly Swanson (1)**

**MOST VALUABLE**

**Emily Stier**

**MOST DEDICATED**

**Allison Foster**

**MOST IMPROVED**

**Maria Blessum**

**TEAM MOTIVATOR**

**Jessica Blessum**  
**Bailey Nelson**

**TEAM CAPTAINS**

**Emily Stier**  
**Allison Foster**

**LEADING SCORER**

**Emily Stier - 195½ points**

**SCHOOL RECORD**

**Pole Vault - Jessica Blessum - 10'3"**

**NORTH CENTRAL REGION -**  
**SENIOR ATHLETE OF THE YEAR**

**Emily Stier**