

**Rugby High School Track & Field Results**  
**PEACE GARDEN CONFERENCE**  
**St. John, ND – Thursday, April 30, 2015**

**100 Meter Dash**

Sara Stier - 13.59 - 2nd place  
Kristina Brossart - 14.09 - 5th place  
Lauren Kraft - 14.27 - 6th place  
Jazlyn Brossart - 14.43 - 8th place  
Kourtney Sattler - 15.07

**200 Meter Dash**

Emily Stier - 27.41 - 1st place  
Karin Selland - 29.34 - 3rd place  
Kristina Brossart - 30.84 - 8th place tie  
Morgan Oppen - 32.28

**400 Meter Dash**

Anni Stier - 1:04.22 - 1st place

**800 Meter Run**

Tristin Lunde - 2:36.31 - 1st place  
Kylie Scherr - 2:55.65 - 7th place  
Emily Salwey - 2:56.62 - 8th place

**1600 Meter Run**

Allison Foster - 6:04.15 - 2nd place  
Bailey Nelson - 6:22.06 - 4th place  
Kylie Scherr - 7:15.38 - 6th place

**3200 Meter Run**

Allison Foster - 12:46.18 - 1st place

**100 Meter Hurdles**

Maria Blessum - 18.38 - 3rd place  
Jazlyn Brossart - 18.53 - 4th place  
Morgan Oppen - 19.75 - 5th place  
Emily Salwey - 21.50 - 6th place

**300 Meter Hurdles**

Emily Stier - 49.02 - 2nd place  
Anni Stier - 50.18 - 3rd place  
Jazlyn Brossart - 54.97 - 7th place  
Morgan Oppen - 57.24

**Long Jump**

Emily Stier - 15'4½" - 1st place  
Sara Stier - 14'11½" - 2nd place  
Lauren Kraft - 14'1" - 4th place  
Kourtney Sattler - 12'8"

**Triple Jump**

Sara Stier - 32'9" - 1st place  
Maria Blessum - 32'4" - 4th place  
Lauren Kraft - 31'9½" - 5th place  
Kourtney Sattler - 26'3" - 8th place

**High Jump**

Jessica Blessum - 4'9" - 2nd place  
Kourtney Sattler - 4'1" - 7th place  
Kylie Scherr - 3'11" - 8th place tie

**Pole Vault**

Jessica Blessum - 8'6" - 1st place  
Maria Blessum - 7'6" - 3rd place  
Jazlyn Brossart - 6'6" - 4th place  
Morgan Oppen - 5'0" - 5th place

**Shot Put**

Kari Fritel - 35'6" - 1st place - **SQ**  
Matty Koenig - 30'0" - 3rd place  
Shea Heidlebaugh - 28'3" - 4th place  
Whitney Gronvold - 26'9" - 6th place  
Morgan Hjelden - 23'11"

**Discus**

Shea Heidlebaugh - 94'2" - 1st place  
Morgan Hjelden - 82'11" - 2nd place  
Matty Koenig - 78'10" - 6th place  
Whitney Gronvold - 77'9" - 7th place  
Kari Fritel - 75'11"

**Javelin**

Whitney Gronvold - 79'5" - 6th place  
Morgan Hjelden - 70'3"  
Kari Fritel - 66'8"  
Matty Koenig - 66'1"

**4 x 100 Meter Relay**

Sara Stier(13.53), Anni Stier(13.29)  
Maria Blessum(13.14), Emily Stier(13.28)  
53.24 - 1st place

**4 x 200 Meter Relay**

Lauren Kraft(29.56), Anni Stier(27.94)  
Karin Selland(29.78), Kristina Brossart(29.28)  
1:56.56 - 1st place

**4 x 400 Meter Relay**

Karin Selland(1:08.28), Tristin Lunde(1:06.78)  
Kristina Brossart(1:13.30), Emily Salwey(1:11.70)  
4:40.06 - 1st place

**4 x 800 Meter Relay**

Allison Foster(2:33.86), Bailey Nelson(2:47.00)  
Emily Salwey(2:46.85), Tristin Lunde(2:35.43)  
10:43.14 - 1st place

**GIRLS TEAM SCORES**

1. Rugby - 284
2. Surrey - 108
3. Mohall-Lansford-Sherwood - 45
4. Benson County - 43½
5. North Star - 42½
6. Bottineau - 39½
7. Westhope/Newburg - 30
8. Rolette/Wolford - 18
9. Glenburn - 15½
10. Northern Lights - 10
11. Dunseith - 0