

SCHEDULE OF EVENTS

RUGBY VARSITY TRACK MEETS

FIELD EVENTS START AT 3:30 - TRACK EVENTS START AT 3:45

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|---------------------|--------------|
| 4 x 800 METER RELAY | GIRLS - BOYS |
| 300 METER HURDLES | GIRLS - BOYS |
| 100 METER DASH | GIRLS - BOYS |
| 4 x 200 METER RELAY | GIRLS - BOYS |
| 1600 METER RUN | GIRLS - BOYS |
| 4 x 100 METER RELAY | GIRLS - BOYS |
| 400 METER DASH | GIRLS - BOYS |
| 100 METER HURDLES | GIRLS |
| 110 METER HURDLES | BOYS |
| 800 METER RUN | GIRLS - BOYS |
| 200 METER DASH | GIRLS - BOYS |
| 3200 METER RUN | GIRLS - BOYS |
| 4 x 400 METER RELAY | GIRLS - BOYS |

#1 FIELD EVENTS

SHOT PUT - BOYS
JAVELIN - BOYS
HIGH JUMP - BOYS
DISCUS - GIRLS
LONG JUMP - GIRLS
TRIPLE JUMP - BOYS
POLE VAULT - GIRLS

#2 FIELD EVENTS

SHOT PUT - GIRLS
JAVELIN - GIRLS
HIGH JUMP - GIRLS
DISCUS - BOYS
LONG JUMP - BOYS
TRIPLE JUMP - GIRLS
POLE VAULT - BOYS

1. #1 FIELD EVENTS WILL START AT 3:30 PM. - #2 FIELD EVENTS WILL FOLLOW
2. SHOT PUT, JAVELIN, AND DISCUS WILL BE 3 THROWS IN PRELIMS WITH THE TOP 9 GOING TO FINALS AND 3 THROWS IN FINALS.
3. LONG JUMP & TRIPLE JUMP WILL BE ALLOWED 60 MINUTES TO GET 3 JUMPS IN WITH THE TOP 9 GOING TO FINALS AND 3 JUMPS IN FINALS