

**CNDC Junior High and High School Track & Field Meet - Tuesday, May 7, 2019**

**Schedule of Field Events – Starting at 3:00**

<b>Shot Put</b>	<b>JH B – VAR B – VAR G – JH G</b>
<b>Discus</b>	<b>VAR G – JH G – JH B – VAR B</b>
<b>Javelin</b>	<b>VAR B – VAR G</b>
<b>High Jump</b>	<b>JH G – VAR B – VAR G – JH B</b>
<b>Long Jump</b>	<b>JH B – JH G – VAR B – VAR G</b>
<b>Triple Jump</b>	<b>VAR G – JH B – JH G – VAR B</b>
<b>Pole Vault</b>	<b>VAR B – VAR G – JH B – JH G</b>

**3 JUMPS/THROWS AND FINALS – ONLY VARSITY DIVISION**

**Schedule of Running Events – Starting at 4:00**

<b>4 x 800 Meter Relay</b>	<b>VAR G – VAR B</b>
<b>200 Meter Hurdles</b>	<b>JH G – JH B</b>
<b>300 Meter Hurdles</b>	<b>VAR G – VAR B</b>
<b>100 Meter Dash</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>4 x 200 Meter Relay</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>1600 Meter Run</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>4 x 100 Meter Relay</b>	<b>JH G – JH B - VAR G – VAR B</b>
<b>400 Meter Dash</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>100 Hurdles</b>	<b>JH G – VAR G</b>
<b>110 Hurdles</b>	<b>JH B – VAR B</b>
<b>800 Meter Run</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>200 Meter Dash</b>	<b>JH G – JH B – VAR G – VAR B</b>
<b>3200 Meter Run</b>	<b>VAR G – VAR B</b>
<b>4 x 400 Meter Relay</b>	<b>JH G – JH B – VAR G – VAR B</b>