

## NORTH DAKOTA CLASS "B" NORTH CENTRAL REGION GIRLS MEET RECORDS

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>RECORD</u>	<u>YEAR</u>
100 METER DASH.....	Kari Wolfe .....	Harvey/Wells County .....	12.29.....	2017
200 METER DASH.....	Kari Wolfe .....	Harvey/Wells County .....	26.42.....	2017
400 METER DASH.....	Anni Stier .....	Rugby.....	1:00.91 .....	2018
800 METER RUN .....	Quinn Nepl.....	Benson County.....	2:23.68 .....	2018
1600 METER RUN .....	Quinn Nepl.....	Benson County.....	5:19.60 .....	2018
3200 METER RUN .....	Katelynn Engh .....	Benson County.....	12:05.37 .....	2013
100 METER HURDLES .....	Kylie Engebretson.....	Velva/Drake-Anamoose .....	15.97.....	2012
300 METER HURDLES .....	Maria Blessum .....	Rugby.....	47.74.....	2018
SHOT PUT .....	Jessica Meland .....	Harvey/Wells County .....	38'4" .....	2012
DISCUS .....	Kaylyn Frison.....	Harvey/Wells County .....	120'10" .....	2016
JAVELIN (Rubber Tipped-New Rules).....	Kari Wolfe .....	Harvey/Wells County .....	136'8" .....	2017
HIGH JUMP .....	Lexy Whittmayer .....	Rolette/Wolford.....	5'8" .....	2014
LONG JUMP .....	Brittany Berndt.....	Velva/Drake-Anamoose .....	18'0" .....	2012
TRIPLE JUMP.....	Sara Stier .....	Rugby.....	35'1" .....	2016
POLE VAULT.....	Maria Blessum .....	Rugby.....	11'3" .....	2018
4 x 100 METER RELAY.....	Leah Jans..... Makenna Vollmer Sage Feist Kari Wolfe	Harvey/Wells County .....	52.30.....	2017
4 x 200 METER RELAY.....	Megan Fix .....	Bottineau .....	1:50.31 .....	2012
	Whitney Page Mari Diepolder Ashleigh Aufforth			
4 x 400 METER RELAY.....	Tristin Lunde.....	Rugby.....	4:12.30 .....	2018
	Emily Mattern Maria Blessum Anni Stier			
4 x 800 METER RELAY.....	Karin Selland .....	Rugby.....	10:06.84 .....	2012
	Hannah Christenson Lauren Christenson Sydney Kraft			